



Health Club Schedule

Jan. 2 - Mar. 19, 2017

**CLOSED Feb. 13
for Family Day**

HEALTH CLUB MEMBERSHIP

Teens/ Seniors (13+/65+)	Adults 19-64 yrs.
Drop-in.....\$5.00	Drop-in.....\$6.75
1 Month.....\$50.00	1 Month.....\$64.00
3 Months.....\$127.00	3 Months.....\$151.75
6 Months.....\$195.00	6 Months.....\$245.00
1 Year.....\$355.50	1 Year.....\$453.00
Book of 10.....\$37.00	Book of 10.....\$53.25

*Family (13+)

1 Month.....\$177.50
3 Months.....\$430.75

**Family Rate: 2 adults & their own children 13 - 18 years. All prices include tax.*

Health Club Membership rates include fitness room & pool.

POOL 1 lane of 25m pool, hot tub, sauna

Saturday and Sunday

1:30pm - 4:00pm / 6:30pm - 8:00pm

Monday and Wednesday

6:30am - 11:00am / Noon - 1:15pm / 6:30pm - 9:15pm

Tuesday and Thursday

6:30am - 1:15pm / 2:00pm - 3:00pm / 6:30pm - 9:15pm

Friday

6:30am - 11:00am / Noon - 1:15pm / 3:00pm - 5:00pm
6:30pm - 8:00pm

FITNESS ROOM

HOURS:

Monday - Friday

6:00am - 9:15pm

Saturday & Sunday

9:00am - 8:00pm



Last Entry into the Pool or Fitness Room is 30 min. before closure.

Jan. 2 - Mar. 19/17

** Special rates offer ends Jan. 20/17*

Special Rates

Adult (19-64 yrs.) \$148.50

Teen/Senior (13+/65+) \$110.00

**Due to fitness programs floor space may be limited. Please check notice board in fitness room.*

Book Your Weight Room Introduction - Free with a first time pass.

Get the information needed to get started in the Fitness Room.

Personal training available for \$30/hr with our certified trainers.



Call 250-494-0447 to book an appointment