

## Media Release

*For Immediate Release*  
*DATE: February 10<sup>th</sup>, 2020*

### **District of Summerland Recognizes Lifeguards**

District of Summerland staff and Council recognized the heroic efforts of three Lifeguards at today's Council meeting.

Aysha Curley, Micaela MacDougall and Anna Lock were presented plaques and received praise for their quick response to a major first aid incident which took place on January 31, 2020 at the Summerland Aquatic & Fitness Centre.

The Lifeguards attended to a fitness class patron who was not feeling well. While monitoring vitals, the patron slid from dizzy, to unconscious and then to no pulse. The Lifeguards immediately performed CPR and the patron regained consciousness prior to the AED (automated external defibrillator) being administered. The Lifeguards continued to care for the patron until the ambulance arrived and the patron was taken to the hospital. The patron is now at home recovering and is looking forward to returning to the fitness program.

"We all respect the commitment to first aid training and continual certification required to qualify as a lifeguard. This team demonstrated exceptional skill, judgement and quick action in order to save this person's life and we couldn't be more proud of our employees," said Mayor Toni Boot.

The District of Summerland highlighted the great responsibility a Lifeguard carries and appreciation for the ongoing training and focus required of the job.

- 30 -

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